

BC School Sports Provincial Aquatics Championships

Friday, November 13 + Saturday, November 14, 2015

Canada Games Pool

910 McGill Road, Kamloops, BC Tel: 250-828-3655

Friday Session

Coaches AGM	12:00 pm (Light snacks provided)
Warm-up	1:00 pm
Heats	2:00 pm
Finish	approx. 8pm

Saturday Session

Warm up	8:00 am
Finals	9:00 am
Finish	approx. 2 pm

Special Notes:

- **No SNC / SWIM BC Sanction for this competition**
- **Swim Academy clarification**

Entry fees

- Individual Events: **\$10.00** Relay Events: **\$20.00**
- Shortly after the entry deadline, coaches will be able to view payment totals on the BC School Sports website (www.bcschoolsports.ca) under 'Aquatics'. The fees due will be for the swimmers qualifying as of the entry deadline. Coaches are still responsible for payment for swimmers who scratch after the deadline, so confirm their attendance early.
- Payment to BC High School Swimming.
- Payment must be received by BC High School Swimming at the AGM on Thursday, November 13, 2015. Kerrie Turner will be available in the Multi Purpose Room (AGM location) before, during and after the AGM to take payments. If you must make alternate arrangements, please contact Kerrie at kerrie13@shaw.ca for further information.
- The address for payment is below.
- **BC High School Swimming (make check out this way)**
18-2719 St Michael St
Port Coquitlam, BC
V3B 5R4

Zone entries

- **Zone meets must be completed by November 3, 2015**
- Swimmers must record a time at the Zone meet in any one event to be eligible to swim at the Championship Meet
- **Entry/scratch deadline is November 6th, 2015**
- Each Zone Rep will forward their complete results file to **Rob Traynor at bchsswim@gmail.com**.
- Send scratches to your zone rep as soon as you know of them.
- **Zone reps** will send scratches to Rob until the scratch deadline and include any alternates that will move into the spots. Alternates will not be allowed after the scratch deadline.
- Zone reps should also send a list of coaches/sponsors with a contact number.
- Coaches can contact Rob directly with any concerns or further scratches after the entry deadline. Email Rob: bchsswim@gmail.com

Meet Officials

- Meet Manager Bradley Dalke
- Meet Referee Barry Parish
- Starter TBC
- Clerk of Course TBC
- Electronics Operator Rob Traynor (TBC)

Zone Representation

Zone	# of entries
Vancouver / Richmond	5
Fraser Valley	10
Burnaby / New West / North Shore	6
Vancouver Island	5
Okanagan	3
Kootenays	3
North Central	3

Award Presentations

- Individual and Relay trophies and Medals will be awarded during Finals on Saturday. These formal presentations are to award achievement and allow recovery time for individuals in back to back events.
- Swimmers will keep their medals after these presentations. No medals will be mailed. *No ribbons will be awarded.*
- Banners for Boys' Team Champion, Girls' Team Champion and Combined Team Champion will be presented at the conclusion of Finals.

Warm up

- Warm-up lanes will be available throughout the meet in the shallow end.
- SNC rules for warm up will apply. These are attached to this document
- Coaches are to instruct their swimmers on how to enter the pool (no diving except in designated sprint lanes), and all other protocol contained within the SNC warm-up procedures.
- ***Sprint Lanes** will open in Lanes 1 and 8 ten minutes before the close of warm-up.*

Warm up lanes

Zone	Lanes
Fraser Valley	1, 2, 3
Vancouver / Richmond	4
Okanagan, Kootenays, North Central	5
Vancouver Island	6
Burnaby / New West / North Shore	7,8

Classification and Rule Clarification

All swimmers are limited to a total of four events including alternate entries. No time(s) recorded at this meet by SNC / SwimBC members may be used for Provincial or National Qualification or any Team selection since this is an unsanctioned event.

Open Category:

- **B swimmers can compete in the Open Category due to no SNC sanction**
- No SNC number is required to swim in the Open Category
- If a swimmer has competed in a winter meet after January 1st, 2015 with a SNC number than he or she is classified as an Open Category swimmer

B Category:

- As of January 1st of the championship year, a 'B Category' swimmer trains and competes from May 1st to Sept. 30th with no restrictions.
- From Sept. 30th to April 30th a B swimmer may train with their high school team and may participate in other speed swimming training (eg. Winter maintenance, Triclub, private coaching, etc.) as long as it does not exceed 2 hours/week.
- *Waterpolo and synchro training are not restricted.*
- B swimmers may swim in the Open category for individual events
- B swimmers may swim in B or Open category relays but may not swim in the same relay in both the Open and B event. (Ex: Open 200 Free Relay OR B 200 Free Relay not both).

Para Category *NEW INFO*

- Any Para swimmer MUST be officially classified to compete in this category for the provincial meet. See classes below as per SNC.
 - **Classes 1-10** – are allocated to swimmers with a physical disability
 - **Classes 11-13** – are allocated to swimmers with a visual disability
 - **Class 14** – is allocated to swimmers with an intellectual disability
- **Link for details of classification:** <https://www.swimming.ca/Guide-to-Classification>
- *Please contact* Russ Der (vihighschoolswimming@gmail.com) with your classification prior to the Provincial swim Meet.
- Swimmers in this category must compete at their zone meet but automatically qualify for the provincial championships in any event which they complete to a maximum of 4 events.
- While medals will be award to the first three finishers in EACH Para Category, in the interests of time, there will be one Para Event for each stroke and distance (ie: all Para swimmers will swim in the same race).
- There is no separate category for PARA relays.
- Swimmers with a disability may swim in the Open or B categories but may not swim in the same stroke in two different categories (ex. 100 Fly Open and 50 fly PARA).
- IPC Swimming Rules will apply to all PARA events.

Swim Academy Clarification:

Recently, BC School Sports clarified the rules regarding Swim Academies with the aquatics commission. Under the rules on sport specific education programs (i.e. swim academies) as per Section III D10, any in-catchment student-athlete receiving 5 or more credits towards training and sport instruction will be ruled ineligible to compete in that sport for their school-based team. A non-catchment student-athlete receiving 4 or more credits towards the same training/instruction would also be ruled ineligible to compete in any BCSS competition. To determine whether your program is considered a sport specific education program, please contact Christine Bradstock, BCSS Executive Director, by email at cbradstock@bcschoolsports.ca or phone 604-477-1487. BCSS will determine the eligibility of the student-athletes in these programs.

Championship Rules

1. All competitors must be registered with BC School Sports and meet BCSS eligibility rules. Any swimmer who is not registered faces disqualification and/or school fines.
2. The meet will use the one start Rule, and the relay rules.
3. Competitors must wear **only one swimsuit**. For boys, the suit shall not extend above the navel or below the knee. For girls, the suit shall not cover the neck, nor extend past the shoulder, nor extend below the knee. All swim suits shall be made from textile materials and have **no zippers**.
4. Each swimmer is limited to a total of 4 events. These events may be individual swims, relays or a combination. Listing as an alternate on a relay will count as one of the 4 events.
5. Speed swimmers must qualify through their Zone meet.
6. Open swimmers may not compete in B events.
7. B swimmers may compete in Open Category events both individual and relay events.
8. Each individual event will include a Championship Final (places 1-8) and a Consolation final (places 9-16).
9. Relays will include a championship final (1-8). When 16 or more teams swim in the heat, there will also be a consolation final (9-16).
10. Speed swimming and Synchro meets have one Girls' Team Championship Banner, one Boys' Team Championship Banner, and one Combined Team Championship Banner. Swimmers can compete in their Maximum number of events in **both** the Speed Swimming and the Synchro meet.

Relay Rules

11. Any swimmer who swims at the zone meet is eligible to swim on a relay at the Provincial meet.
12. The make-up of a qualifying relay team may be changed between the zone meet and provincials, but not between heats & finals at the provincial meet (except to use a designated alternate). **Please provide the names of swimmers on your relay teams, including alternates** no later than 30 minutes before the start of the meet, but preferably with your entries. **The order on the relay card is the order that the swimmers MUST use in the race.**
13. A swimmer may not scratch an individual event at Provincials in order to move into a relay event. All individual events entered at the Provincial Meet will count as one of the 4 events allowed, whether the swimmer swims the individual event or not.
14. No more than 2 teams for each school will be allowed to enter a relay event.
15. Mixed relay events must include 2 boys and 2 girls
16. Mixed relay teams may be entered by combining 2 single gender schools.
17. A minimum qualifying time must be achieved for events 15 to 18 (400 Free relays).
Open categories 6:30 minutes or better, B categories 6:30 or better.

Meet Manager:

Bradley Dalke

bdalke@sd73.bc.ca

Coordinator of Officials:

Bradley Dalke

bdalke@sd73.bc.ca

Points System for Scoring the Championship Meet

Individual events

1st	2nd	3rd	4th	5th	6th	7th	8th									
20	18	16	15	14	13	12	11	9 th	10 th	11 th	12 th	13 th	14 th	15 th	16 th	
								10	8	6	5	4	3	2	1	

Relay Events

1st	2nd	3rd	4th	5th	6th	7th	8th									
40	36	32	30	28	26	24	22	9 th	10 th	11 th	12 th	13 th	14 th	15 th	16 th	
								20	16	12	10	8	6	4	2	

PARA scoring is a reverse format and based on the number of swimmers in each event.

Example: 8 swimmers (20-18-16-15-14-13-12-11)

4 swimmers (14-13-12-11)

1 swimmer (11)

Scoring for Aquatics Banner

- ❖ **Swimming** - points will be totaled as above.
- ❖ **Synchro** - Schools will be awarded points towards the banner based on the schools finish in the Synchro competition.

1st	2nd	3rd	4th	5th	6th	7th	8th
60	48	36	30	24	18	12	6

Scholarships:

- ❖ Six scholarships in the amount of \$250 each will be awarded this year.
- ❖ Three will be presented to both female and male swimmers.
- ❖ Eligible swimmers must be competing in speed swimming at the Provincial Championships and be in Grade 12.
- ❖ Winners will be selected by a random draw at the AGM.
- ❖ **Teacher sponsors/coaches:** Please forward the name of ONE male swimmer and ONE female swimmer from your team. Please include swimmer's NAME, GENDER, and SCHOOL. Forward to: Bambi Roy broy@mulgrave.com by Thursday Nov.12th, 2015 or bring the names to the AGM.

Live Results

See link: www.willyfood.com/results/2015/bchs

BC SCHOOL SPORTS PROVINCIAL SWIMMING CHAMPIONSHIP
ORDER OF EVENTS

Event #	Event	Category	Event #	Event	Category
1	200 Medley Relay	Girls B	24	100 Freestyle	PARA
2	200 Medley Relay	Boys B	25	100 Freestyle	Girls B
3	200 Medley Relay	Girls Open	26	100 Freestyle	Boys B
4	200 Medley Relay	Boys Open	27	100 Freestyle	Girls Open
			28	100 Freestyle	Boys Open
5	50 Freestyle	PARA			
6	50 Freestyle	Girls B	29	200 Mixed Medley Relay	B
7	50 Freestyle	Boys B	30	200 Mixed Medley Relay	Open
8	50 Freestyle	Girls Open			
9	50 Freestyle	Boys Open	31	50 Butterfly	PARA
			32	50 Butterfly	Girls B
10	50 Backstroke	PARA	33	50 Butterfly	Boys B
11	50 Backstroke	Girls B	34	100 Butterfly	Girls Open
12	50 Backstroke	Boys B	35	100 Butterfly	Boys Open
13	100 Backstroke	Girls Open			
14	100 Backstroke	Boys Open	36	200 Mixed Free Relay	B
			37	200 Mixed Free Relay	Open
15	400 Free Relay	Girls B			
16	400 Free Relay	Boys B	38	100 I.M.	PARA
17	400 Free Relay	Girls Open	39	100 I.M.	Girls B
18	400 Free Relay	Boys Open	40	100 I.M.	Boys B
			41	200 I.M.	Girls Open
19	50 Breaststroke	PARA	42	200 I.M.	Boys Open
20	50 Breaststroke	Girls B			
21	50 Breaststroke	Boys B	43	200 Free Relay	Girls B
22	100 Breaststroke	Girls Open	44	200 Free Relay	Boys B
23	100 Breaststroke	Boys Open	45	200 Free Relay	Girls Open
			46	200 Free Relay	Boys Open